



**GOVERNMENT OF KHYBER PAKHTUNKHWA**  
**HEALTH DEPARTMENT**

Dated Peshawar the 11<sup>th</sup> June, 2020

**NOTIFICATION**

**NO.E&A (Health)/2-264/2020.** In pursuance of the National Guidelines issued on “Home Isolation and Discharge during COVID-19” by the Ministry of National Health Services, Regulations and Coordination on 29<sup>th</sup> May 2020, the following criteria is hereby notified for declaring a patient recovered from now onwards:

**For Symptomatic patients with confirmed COVID-19:**

**Symptom-based strategy**

- At least 3 days (72 hours) have passed since recovery with no or improved respiratory symptoms e.g. dry cough, shortness of breath and resolution of fever without the use of fever reducing medications
- At least 10 days have passed since first symptoms observed

**For Asymptomatic Patients with confirmed COVID-19:**

**Time-based strategy**

- At least 10 days have passed since the first COVID-19 diagnostic test came out positive, assuming no symptoms were developed following the positive test.

A test to document cure is generally not required in the above-mentioned cases. However, for the following individuals, two consecutive negative results of molecular assay for detection of SARS-CoV-2 RNA from respiratory specimens collected  $\geq 24$  hours apart (total of two negative specimens) are required to discontinue isolation

1. Immuno compromised patients
2. Those living in congregations such as jails, dorms or madrasas
3. Healthcare workers dealing with Immuno compromised patients

The molecular assay must be an FDA Emergency Use Authorized for COVID

**SECRETARY HEALTH  
KHYBER PAKHTUNKHWA**

**Endst. No. & date even.**

Copy forwarded to the:

1. All Commissioners in Khyber Pakhtunkhwa
2. Director General, Health Services, Khyber Pakhtunkhwa
3. All Deputy Commissioners in Khyber Pakhtunkhwa
4. PSO to Chief Secretary, Khyber Pakhtunkhwa.
5. Lead, Clinical Care Committee, Health Department
6. All District Health Officers in Khyber Pakhtunkhwa
7. All Medical Superintendents in Khyber Pakhtunkhwa
8. PS to Minister for Health Khyber Pakhtunkhwa
9. PS to Secretary Health, Khyber Pakhtunkhwa.
10. PS to Special Secretary-I/II, Health Department.

**(Farhan Khan)**  
Section Officer (General)